

## AGREEMENT FOR OFF-CYCLE GRANT

This Agreement is between the Mt. Hood Cable Regulatory Commission (Commission), through the Office for Community Technology (OCT), and Lewis & Clark College (Grantee) (together referred to as the "Parties").

### RECITALS:

This Agreement is entered into for the purpose of providing the Commission's grant funds for the Grantee's Art at the Center project.

### AGREEMENT:

#### 1. Grant Amount, Use of Grant

Grantee is awarded a total amount of \$35,849 for specific equipment costs related to the Grant project. Grantee shall use the Grant funds exclusively for the purposes outlined in its Grant Application (the "Grant"). The Grant Application is attached to this Agreement as Attachment 1. Grantee shall not use the Grant funds for any purposes other than those set forth in Attachment 1.

#### 2. Project Manager

The Commission's Project Manager shall be Rana DeBey or such other person as shall be designated in writing by the OCT Community Technology Program Manager.

#### 3. Payments

Grantee shall submit periodic invoices for reimbursement of actual capital costs incurred by Grantee related to the approved Grant budget.

Grantee shall use its best efforts to submit invoices for grant-funded expenses incurred in any July 1 - June 30 period (the Commission's fiscal year) to the Commission according to the following timeline in each year of the grant in which expenses occur:

- In fiscal year Quarter 1 (July 1 – September 30), Quarter 2 (October 1 – December 30) and Quarter 3 (January 1 – March 31), submit invoices incurred during a quarter no later than 45 days after the close of each fiscal quarter.
- In fiscal year Quarter 4 (April 1-June 30), submit any invoices for grant-funded expenses incurring through May 30 by June 15, provide an estimate of anticipated grant-funded expenses incurred during the month of June by June 25, and an invoice for any grant-funded expenses incurred in the month of June by August 15.

Grantee shall submit invoices online through the Commission's online grants management system using the claims module. The invoice, uploaded as an attachment to the grants management system claims module, shall be on Grantee's letterhead, signed and dated by

an authorized representative of Grantee, addressed to “MHCRC c/o City of Portland”, and include the title of the grant project, the total amount requested for reimbursement and an invoice number. Grantee must also complete an expense line item, an expense report and attach supporting documentation through the grants management system in order to complete and submit the invoice to the Project Manager for review. Supporting documentation shall include copies of receipts or other evidence of payment, for the capital cost amount claimed in the invoice. The Project Manager, at her/his sole discretion, may require additional financial documentation of Grant expenditures.

Upon submission by the Grantee of an invoice, and upon certification by the Project Manager that the invoice is in accordance with this Agreement and any restrictions upon use of the Grant funds, the Commission shall pay to the Grantee the amount as specified in the invoice, not to exceed the total Grant amount, within thirty (30) days from date of the invoice. If the Project Manager finds that the invoice is not in accordance with this Agreement, the Project Manager shall notify the Grantee of the reasons for the disallowance and non-payment.

All invoices for Grant project capital costs must be received by the Commission no later than August 30, 2025 in order to be paid under the Agreement terms. No invoices shall be accepted after this date.

#### 4. Financial Records

Grantee shall account for the Grant funds separately in its books of accounts. Grantee shall charge only Grant-related expenditures against Grant funds.

Grantee agrees to keep accurate and complete financial records that will enable the Commission to easily determine the use of Grant funds and the allocation method of Matching Resources committed by Grantee and Project Partners for the Grant. Grantee shall maintain all financial records related to the Grant for six (6) years after the termination of this Agreement. Grantee shall provide the Commission prompt access to these records upon request and permit copying as the Commission may require.

#### 5. Reports

Grantee shall submit Interim Status Reports and a Final Status Report (collectively referred to as ‘Report(s)’) to the Project Manager using the Commission’s online grants management system. The Reports shall include both programmatic and financial information as established by the Commission. For a Report to be acceptable to the Project Manager, the Grantee shall document and clearly describe the progress of the grant scope in accordance with the reporting schedule defined below.

Interim Status Reporting periods are October 1, 2023 through March 31, 2024; April 1, 2024 through September 30, 2024; October 1, 2024 through March 31, 2025. Interim Status Reports are due within thirty (30) days of the end of each reporting period.

Grantee shall submit a Final Status Report no later than September 30, 2025.

Interim and Final Status Reports shall include an accurate and complete financial report of Grant fund and Match fund expenditures. The Report shall include copies of receipts or other evidence of payment for actual grant funded capital costs incurred by Grantee related to the Grant.

The Project Manager, at her/his sole discretion, may require additional programmatic information or financial document of Grant project expenditures. Grantee shall make its books, general organizational and administrative information, documents, papers and records that related to this Agreement or Grantee's performance of services related to this Agreement available for inspection by the Project Manager or other Commission representatives during reasonable business hours following five (5) business days advance written notification from the Project Manager.

Grantee shall immediately provide notice in writing by electronic mail to the Project Manager when Grantee anticipates or realizes any deviation in the Grant project which may result in Grantee's inability to fulfill the Grant project as originally submitted and approved by the Commission.

#### 6. Project and Fiscal Monitoring

The Commission and the Project Manager shall monitor the Grantee's performance on an as needed basis to assure compliance with this Agreement. Such monitoring may include, but are not limited to, on site visits at reasonable times, telephone interviews and review of required reports and will cover both programmatic and fiscal aspects of the Grant. The frequency and level of monitoring will be determined by the Project Manager. Grantee shall remain fully responsible at all times for performing the requirements of this Agreement.

#### 7. Audit

Because Commission grant funds are derived from the cable services franchises in Multnomah County, the cable companies may conduct a financial review or audit of Grantee for the purpose of verifying whether use of capital grant funds is in accordance with the requirements of cable franchises related to use of capital grant funds. If the Commission receives notice from a cable company in accordance with the terms of the cable franchises of such audit or review, the Commission's Project Manager shall notify Grantee within 5 business days of receiving the notice, and shall identify to Grantee the relevant financial records of Grantee that the cable company seeks to review. The scope of such audit or review of Grantee shall be consistent with the terms of the applicable cable franchise. Grantee agrees to make such relevant financial records available to cable company's authorized representative for inspection and copying. Such records shall be reviewed during normal business hours at a time and place made

available by Grantee. The Commission's Project Manager shall promptly provide Grantee with written notice of the audit or review's conclusions.

8. Publicity

During the term of this Grant Agreement, Grantee shall use its best efforts to mention the Commission's grant funding in publicity regarding the program(s) that will be supported by the grant funds.

Any publicity shall indicate that the project was made possible by a Grant from the Commission through funds provided by the cable companies. Grantee shall notify the Project Manager before releasing information about the Grant to the press or other news media. The Commission may include information regarding the Grant in periodic public reports.

9. No Other Obligations/Complete Agreement

Grantee acknowledges that, except for the Grant, the Commission has no obligation to provide, and the Commission has not led Grantee to believe in any way (whether expressly or by implication) that the Commission will provide any additional or future assistance, financial or otherwise, either to Grantee or for the Grant project.

This Agreement contains the complete agreement of the parties. This Agreement may not be assigned, nor may any of the Commission's rights be waived, except in writing signed by a duly authorized representative of the Commission. The Commission may specifically enforce, or enjoin a breach of, the provisions of this Agreement, and such rights may be freely assigned or transferred to any other governmental entity by the Commission.

10. Representations

Grantee represents that it has full power and authority, and has obtained all necessary approvals, to accept the Grant, to carry out the terms of the Grant and this Agreement, and to conduct the Grant project in compliance with all applicable laws.

11. Indemnification

Grantee shall hold harmless, defend, and indemnify the Commission, and its officers, agents and employees against all claims, demands, actions, and suits (including all costs) brought against any of them arising from actions or omissions of Grantee and/or its contractors in the performance of this Agreement.

Prevailing wage indemnity. Grantee agrees to indemnify, defend, and hold harmless the MHCRC, its employees, officers, and agents, from and against any claim, suit, or action, including administrative actions, that arise out of Grantee's failure to comply with ORS279C.800 to 279C.870 and any applicable administrative rules or polices.

12. Compliance with Laws

The Commission and Grantee agree to comply with all applicable local, state and federal laws and regulations that apply to the subject matter of this Agreement.

13. Amendment

The Project Manager is authorized to amend the terms and conditions of this Agreement, provided such changes do not increase the Grant amount or the Commission's financial risks or change the purpose of the Grant. If approved, such amendments shall only be effective if in writing, and signed by duly authorized representatives of both Parties. Any change in the amount of the Grant funds or the financial risks under this Agreement must be approved by vote of the Commission.

14. Term of the Agreement

This Agreement becomes effective on October 1, 2023 unless Grantee fails to sign and return the Agreement to the Commission within thirty (30) days of Commission action to approve the Agreement, in which event this Agreement shall be null and void. The term of this Agreement is through, and including, November 1, 2025.

15. Early Termination of Agreement

This Agreement may be terminated prior to the expiration of its term by:

- i. Written notice provided to Grantee from the Commission's Project Manager before any obligations are incurred; or
- ii. Mutual written agreement of the Grantee and Commission's Project Manager
- iii. Alternatively, the MHCRC may, upon thirty (30) days written notice,

terminate this agreement for any reason deemed appropriate in its sole discretion.

Termination of this Grant shall be without prejudice to any obligations or liabilities of either party already accrued prior to such termination. However, upon receiving a notice of termination, Grantee shall immediately cease all activities under this Grant, unless expressly directed otherwise in writing from the Commission in the notice of termination. Further, upon termination, the Commission and/or Grantee shall deliver to the other party all works-in progress and other property that are or would be deliverables had the Grant been completed. Grantee shall be entitled to receive reasonable compensation as provided for under this Agreement for any satisfactory work completed up until the time of notice of termination.

16. Material Failure to Perform

The Project Manager may terminate this Agreement after determining that Grantee has failed to comply with any material term or condition of this Agreement. It shall be a material breach and cause for termination of this Agreement if Grantee uses grant funds outside the scope of this Agreement.

Notice and Opportunity to Cure. The Project Manager shall give Grantee written notice of the intent to terminate this Agreement, identifying the reasons for such action. Grantee shall have thirty (30) days from the date of the written notice to cure the breach. If the breach is of such nature that it cannot be completely cured by Grantee within the thirty (30) day period, then Grantee shall submit a cure plan to the Project Manager no later than fifteen (15) days from the date of the written notice. Grantee's cure plan shall include actions, steps, and a time period to cure the breach. Grantee must obtain written consent from the Project Manager to proceed with a cure plan under an extended cure period.

No Payment During Cure Period. During the cure period or extended cure period, the Commission is under no obligation to accept or pay invoices submitted by Grantee under this Agreement. Grantee shall not perform services or take actions that would require the Commission to pay grant funds to Grantee without the written consent of the Project Manager. Grantee shall be solely responsible for any expenses associated with cure of its noncompliance or failure to perform.

Cause for Termination. If Grantee fails to cure the material breach within thirty (30) days of the written notice of termination, or if Grantee executes a cure plan prior to receiving consent to proceed with the cure plan from the Project Manager, then the Commission may, at its sole discretion, require Grantee to refund to the Commission any amounts improperly expended, any unexpended amounts or the full amount of Grant funds paid by the Commission to Grantee for the Grant project in compliance with the terms and conditions of this Agreement.

17. Suspension of Work

The Project Manager may at any time give notice in writing to Grantee to suspend work and expenditure of funds provided under this Agreement. The notice of suspension shall specify the date of suspension and the estimated duration of the suspension. Grantee shall immediately suspend work and expenditure of funds to the extent specified. During the period of the suspension Grantee shall properly care for and protect all projects in progress including materials, supplies, and equipment that are on hand for performance of the Grant. The Project Manager may, at any time, withdraw the suspension of work as to all or part of the suspension in written, by electronic mail, notice to Grantee specifying the effective date and scope of withdrawal. Grantee shall then resume diligent performance of the work. In no event shall Grantee be entitled to any incidental or consequential damages because of suspension.

The causes for suspension of work include, but are not be limited to, Project Manager's concerns about Grantee's ability to complete the Grant in accordance with this Agreement or any other non-compliance with the Agreement.

18. Non-Discrimination

In carrying out activities under this Agreement, Grantee shall not discriminate against any employee or applicant for employment on the basis of race, color, religion, age, sex, marital or economic status, familial status, national origin, sexual orientation, disability or source of income. Grantee shall take actions to ensure that applicants for employment are employed, and that employees are treated during employment, without regard to their race, color, religion, age, sex, marital or economic status, familial status, national origin, sexual orientation, or disability. Such action shall include but not be limited to, the following: employment, upgrading, demotion, or transfer; recruitment or recruitment advertising; layoff or termination; rates of pay or other forms of compensation; and selection for training, including apprenticeship. Grantee shall state that all qualified applicants will receive consideration for employment without regard to race, color, religion, age, sex, marital or economic status, familial status, national origin, sexual orientation, disability or source of income. In regard to carrying out activities under this Agreement, Grantee shall further not arbitrarily refuse to provide services to any person and shall not discriminate in offering services on the basis of race, color, religion, age, sex, marital or economic status, national origin, sexual orientation, disability or source of income.

19. Severability

Commission and Grantee agree that if any term or provision of this Agreement is declared by a court of competent jurisdiction to be illegal or in conflict with any law, the validity of the remaining terms and provisions shall not be affected, and the rights and obligations of the Parties shall be construed and enforced as if the Agreement did not contain the particular term or provision held to be invalid.

20. Choice of Law and Choice of Forum

This Agreement shall be construed according to the laws of the State of Oregon, without regard to its provisions regarding conflict of laws. Any litigation between the Commission and Grantee arising under this Agreement or out of work performed under this Agreement shall occur, if in the state courts, in the Multnomah County court having jurisdiction thereof, and if in the federal courts, in the United States District Court for the State of Oregon.

21. Survival

As of the date of termination of this Agreement, any pre-existing unresolved claim or dispute by either Party, including but not limited to, money owed, performance due, or any other obligations of the Parties, that is the result of the other Party's performance or non-performance, will, by their terms, survive termination of this Agreement and will be resolved in accordance with the terms and conditions of this Agreement. All indemnity and unperformed obligations will survive termination of this Agreement. The obligation under Section 5 to submit a Final Report shall also survive termination of this Agreement.

22. Assignment

This Agreement or any interest therein may not be assigned or subcontracted without the prior written consent of the Project Manager. In the event of transfer without prior written consent, the Commission may refuse to carry out this Agreement with either the transferor or the transferee and yet retain and reserve all rights of action for any breach of contract committed by Grantee.

Notwithstanding Grantee's use of any subcontractor for performance of this Agreement, Grantee shall remain obligated for full performance hereunder, and the Commission shall incur no obligation other than its obligations to Grantee under this Agreement. Grantee agrees that if subcontractors are employed in the performance of this Agreement, the Grantee and its subcontractors are subject to the requirements and sanctions of ORS Chapter 656, Workers' Compensation.

23. Electronic Means

The parties agree the Commission and Grantee may conduct this transaction, including any contract amendments, by electronic means, including the use of electronic signatures.

24. Notice

Any notice provided for under this Agreement shall be sufficient if in writing and (1) delivered personally to the following addressee, (2) deposited in the United States mail, postage prepaid, certified mail, return receipt requested, (3) sent by overnight or commercial air courier (such as Federal Express), or (4) email addressed as follows, or to such other address as the receiving party hereafter shall specify in writing:



If to the Commission:

Attn: Rana DeBey, Project Manager:  
Mt. Hood Cable Regulatory Commission  
c/o City of Portland  
Bureau of Planning & Sustainability  
1810 SW 5<sup>th</sup> Ave, Suite 710  
Portland, OR 97201  
Email: [rana.debey@portlandoregon.gov](mailto:rana.debey@portlandoregon.gov)

If to Grantee:

Attn: Kelly Delfatti  
Sponsored Projects and Research Compliance Office  
Lewis & Clark College  
615 S. Palatine Hill Road  
Portland, OR 97219-8091  
Email: [delfatti@lclark.edu](mailto:delfatti@lclark.edu)

With a copy to:

Kristine Bella  
Art Therapy Program Clinical Coordinator  
Lewis & Clark College  
Email: [kbella@lclark.edu](mailto:kbella@lclark.edu)

Any such notice, communication or delivery shall be deemed effective and delivered upon the earliest to occur of actual delivery, three (3) business days after depositing in the United States mail as aforesaid, one (1) business day after shipment by commercial air courier as aforesaid or the same day an email transmission is sent (or the first business day thereafter if sent on a Saturday, Sunday or legal holiday).

AGREEMENT FOR COMMUNITY TECHNOLOGY GRANT: Art at the Center project.

**GRANTEE SIGNATURE:**

**GRANTEE: Lewis & Clark College**

By: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

**MT. HOOD CABLE REGULATORY COMMISSION SIGNATURES:**

By: \_\_\_\_\_ Date: \_\_\_\_\_  
Mt. Hood Cable Regulatory Commission Chair

Approved as to Form:

By: \_\_\_\_\_ Date: \_\_\_\_\_  
Mt. Hood Cable Regulatory Commission Attorney

**Lewis & Clark College, Graduate School of Education and Counseling**  
**MHCRC Community Grant Project Narrative: *Art at The Center Video Project***  
**August 28, 2023**

**I. Public Benefit Areas to Be Addressed:**

Oregon is in a mental health crisis. Mental Health America, a national nonprofit committed to promoting mental health and wellness, published the State of Mental Health in America report (2023) which ranked Oregon 50th in the country. This ranking, based on 15 measurements, included both youth and adult measures as well as access to care. When there is an overall ranking between 39-51, the authors of the report stated that it indicated a higher prevalence of mental illness and lower rates of access to care (Reinert et al., 2022). As faculty members at an educational institution who train individuals to become mental health practitioners, this information is troubling. We are well-positioned and committed to being a part of a solution that improves outcomes for the residents of Oregon. The proposed two-year project, *Art at The Center* video documentary, to begin October 1, 2023, will address MHCRC's Public Benefit Area: Improving Service Delivery by reducing barriers and enhancing awareness and access to affordable mental health services.

**II. Project Description: *Art at The Center: A Video Project***

The Lewis & Clark (LC) Graduate School of Counseling and Education Masters in Art Therapy Program's faculty and students will create a 20-minute video for public cable access to 1) help raise awareness regarding the aforementioned mental health need, and 2) demonstrate the benefits of, and enhance access to, creative engagement, art therapy, and accessible affordable community-based services. The completed film will spotlight mental health through liberatory art-making, conversation, and reflection. Documentation of community participants' authentic experiences will be key. The video will be submitted to MetroEast Community Media by October 2024. The MHCRC grant will support the purchase of equipment required to make the video by outfitting the LC Art Therapy program's new digital media lab that will be housed in the LC's Community Counseling Center (CCC). CCC is an existing LC

graduate school training hub that provides low cost marriage and family therapy, mental health and addictions counseling, gambling treatment, and, beginning in the 2023-2024 school year, art therapy.

The new art therapy space at the CCC will open this fall. It will house a 1500 square foot studio for Open Studio groups, which will be the program's first form of art therapy service delivery at CCC. Art therapy is not a commonly known form of mental health treatment, so it is important to expand awareness about this accessible, highly effective treatment modality. When reaching individuals in a relational, non-hierarchical manner, Open Studio groups provide a space that is supportive while offering a loose structure for art making where individuals are welcome to gather, create, and find community. Beginning October 5, 2023, three no-cost, community-based programs (one virtual, two in-person) will be offered weekly to the LC communities and to the broader public. Creating *Art at The Center* video will be an effective way to reach a broader audience.

#### **A. Digital Media Lab**

This grant will provide the equipment necessary to create, produce, and complete *Art at The Center* film. The digital media lab will be housed in a 140 square foot soundproof room equipped for editing, audio, and equipment storage. This designated video and audio workstation space will assist with the various stages of the *Art at The Center* film development. While the main footage will be captured in the art studio space, the lab will provide the physical space to control environmental factors for private interviews and audio recordings. With the digital media lab being on-site, easy access to the recording equipment and workstation will allow for the seamless creation of video content to document the experiences of those involved.

This digital hub will also provide inspiration for future learning and community engagement. Students will be able to utilize the space for independent projects such as classroom assignments or art therapy interventions with clients. It will also be an ongoing tool for faculty, staff, students, and studio members to produce future films and PSAs; to document Participatory Action Research relating to art therapy community-based activities; and to record podcasts as another means of expanding outreach and access to the broader community. As the program grows, providing a digital media art therapy elective

will provide the training to further support the students and the work they are able to provide the community.

### **B. Information Gathering and Production Overview**

From October 2023 through April 2024, weekly Open Studio groups will be offered to local community members. Over the course of this first year, participants will learn about the Open Studios through social media, the LC art therapy website, campus emails, and word of mouth. Interested individuals are encouraged to sign up for one of the three sessions (virtual or in-person) through the art therapy program's website in which a simple question regarding how they found out about the sessions will be asked. This will provide the benchmark needed to assess the potential impact regarding the video's outreach.

Once a community member has attended an Open Studio, they will be provided with information regarding *Art at The Center* video project. Consent to participate and a video release will be obtained. An art therapy student or faculty with filming experience will engage the participant in an interview. Exploration of their reason for attending the sessions will be explored. Interviews with group facilitators, LC faculty and staff who are involved with Open Studio, and students will also be included in the video. Art making will be captured and the power of community showcased. Throughout the process, being sensitive to participants' needs and wants is critical.

Footage will be compiled through April 2024 as the date coincides with the end of Open Studio groups and the placement aspect of the school year. The video will focus on interviewee's experiences and the impact of creative interventions for health and wellness. Over the summer, faculty and identified *Art at The Center* students will begin post production. The completed film will be submitted and aired on MetroEast Community Media channels prior to the beginning of Open Studio Year 2 which begins the first Thursday in October 2024. Reaching this target date will provide data for Year 1 and Year 2 comparison study regarding service delivery awareness and attendance. During the second year of Open Studios, *Art at The Center* art therapy students will focus on gathering information and evaluating the data acquired. This information will be utilized to assess the impact of the video.

### C. Key Personnel and Partners

Each studio session will be facilitated by an Art Therapy Practicum student under the supervision of a licensed art therapist to ensure oversight and safety. Three Art Therapy Practicum students have an established Open Studio placement contract at CCC. These students will be supporting participants, while faculty, in collaboration with an Art Therapy graduate assistant (GA) and Pre-Practicum students (first year students), will produce the *Art in The Center* film.

#### 1. Production Leads

Two Art Therapy faculty members in the department of Counseling, Therapy, and School Psychology at Lewis & Clark, Mary Andrus and Kristine Bella, will oversee this project and all of the activities proposed herein. Both have experience with video production and have a passion for community-based, liberatory art therapy.

*Mary Andrus* is the Art Therapy Program Director. She has been creating, recording, directing, and producing short films since 2010. M Andrus will be the point of contact for equipment, training, and troubleshooting throughout the production of *Art in The Center*. She made several films when living in Chicago, collaborating with art therapy pioneer Don Seiden, [[Don and his birds](#)]. Her Doctoral research in Art Therapy and produced a documentary film, entitled *Bearing Witness* [[trailer](#)] about pregnancy loss in 2017 and resulted in a peer reviewed article in the American Art Therapy Journal entitled Exhibition and film about infertility, miscarriage and stillbirth: Art therapy implications. In 2023 she published an article in the International Journal of Art Therapy entitled Collective Storytelling: Art and Film to process an unexpected loss, which discusses a film she created with art therapy graduate students in 2019. M Andrus is also co-chairing an Arts in Healing International Film Festival, working with colleagues across all creative arts therapy disciplines that is planned for summer 2025.

*Kristine Bella* is the Art Therapy Program Clinical Coordinator and core clinical faculty. She will actively assist with coordinating this project. She will maintain communication between Open Studio facilitators, participants, Pre-practicum students, GA, faculty/staff, MetroEast Community Media contacts, and MHCRC staff. K Bella also has extensive experience developing and supporting

filmmaking projects. Over the past decade, she has actively worked with staff from both Multnomah County public access cable stations. As the co-founder and previous executive director of a local non-profit (Free Arts NW), she developed, coordinated, and ran an intensive annual Spring Break youth film camp, 2010-2019 [[short films](#)]. She coordinated with MetroEast or Portland Community Media (prior to Open Signal's name change) so the youth could utilize the equipment and the editing stations. Their films were aired on the corresponding public access station channels. The youth films were also shown at Hollywood Theater annually from 2011-2019.

BethAnn (BA) Short is adjunct faculty in the art therapy program and the faculty supervisor to the students who are placed in the practicum placement for Open Studio sessions over the course of the academic year. BA Short is a filmmaker and licensed art therapist who is currently finishing up directing the documentary film *We are the most beautiful people* [[website](#)], a film about adults with disabilities.

M Andrus and K Bella will oversee the hiring, training, supervising, evaluation process, and final grant report. BA Short will supervise the practicum students placed at CCC and ensure oversight practices are in place to ensure the safety of any participants who are involved in the project.

## 2. Art Therapy Students

As indicated in the budget, one art therapy GA student will assist with this project. The GA will assist with interviewing, organizing footage, and supporting faculty leads. All students in the Art Therapy program have substantial arts education. Digital media experience is not an admissions requirement however several current and past students have filmmaking experience and have requested opportunities to integrate it into their art therapy learning. The CCC GA for 2023-2024 school year has yet to be identified. With this project being a significant aspect of their overall work plan, they will need to demonstrate previous experience and interest with film production and program coordination.

During the 2023/2024 school year, Pre-practicum students will apply to participate in the creation of the *Art at The Center* video project. As first year students, they are gaining practical experience which focuses on gaining enhanced understanding of the systems that impact wellness. Helping to interview participants will support their academic and clinical growth while providing the 60 hours required for

their degree. As part of their application, they will need to demonstrate previous experience with various aspects of video production. Three to five students will be selected to assist with filming, interviewing, and editing.

### 3. MetroEast Community Media (External partner)

Coordination has already begun with MetroEast Community Media. Loren Coulter, the Training and Program Coordinator for MetroEast, oversees the Playback Department and will air *Art at The Center* video on their channels. L. Coulter has agreed to provide details regarding how many times the film will play and the specific dates ranges. This data will assist in evaluating the impact the video will have on expanding service delivery.

#### **D. Demonstrated Need for this Project**

Since Oregon is in a mental health crisis, we believe we have a collective responsibility to address the isolation and disconnection that often accompanies mental illness by providing opportunities for people to come together, experience joy, and reach across differences to create connections with one another. Art therapy is an effective way for people to express themselves, reflect on their creation, and connect with a broader community. In 2023, the Office of Disease Prevention and Health Promotion published Healthy People 2030; an aspect of their report focused on how social determinants such as family, friends, co-workers, and community connections can positively impact a person's mental health. *Art at The Center* video is intended to attract and reach diverse groups throughout Multnomah County. It will lead to enhanced opportunities to connect people; to help equalize the power in relationships; to raise awareness of individual experiences; and to reduce the potential social, environmental, and political barriers that impact wellness. This decolonized approach to healing emphasizes the importance of cultural humility and creative wholeness while providing community art therapy as an innovative mental health service to the general public

As a means to further understand *Art at The Center* video's potential impact, it is important to highlight some local key indicators that have contributed to Oregon's current mental status. Over the last three years, we, as a collective, navigated a global pandemic. Between the COVID health threat risk and



death, the months of quarantine, and years of social distancing/masking, our lives have been negatively impacted by our inability to relationally connect. When looking at social determinants such as crime, many Multnomah County residents live in neighborhoods that have higher incidence of crime. During 2021, Portland's violent crime rose by 38% (homicides, rapes, robberies, and aggravated assaults) while property crimes rose by 17% (Manfield, 2022). Issues relating to people who are unhoused are actively present. In January 2023 Multnomah County reported a total of 6,297 people identified as homeless with 3,944 being unsheltered, 1,821 in shelter, and 532 in transitional housing (Multnomah County, 2023).

Given these various social determinants, it is critical to provide accessible options for people to socially connect in a manner that meets their varying needs, whether in-person or virtually. The Healthy People 2023 report (2023) stated:

Many people face challenges and dangers they can't control — like unsafe neighborhoods, discrimination, or trouble affording the things they need. This can have a negative impact on health and safety throughout life. Positive relationships at home, at work, and in the community can help reduce these negative impacts. But some people — like children whose parents are in jail and adolescents who are bullied — often don't get support from loved ones or others. Interventions to help people get the social and community support they need are critical for improving health and well-being (Social and Community Context).

This is a unique and timely opportunity. Since art therapy will be establishing roots at CCC, this video will provide us an opportunity to amplify this method of mental health support by sharing the voices of participants, LC students, faculty, and staff. Capturing diverse viewpoints, noting both positive and candid feedback, will also assist in informing the direction of the program as it is being built. The *Art at The Center* video will represent the vision, groundwork, lessons learned, and participant engagement from the onset. It will provide the scaffolding needed to understand engagement and healing from a community-based lens for the individuals it is intended to serve. Mental stress support is urgently needed and it is critical individuals are able to access community-based services. Recording participants' experiences will provide peer-to-peer outreach, bringing people together to create and collaborate. This

video will also serve as an ongoing tool to enhance awareness and promote a no-cost, accessible service delivery option for mental health services to the public.

People don't know what they don't know. This video has the potential to reach across personal and political chasms to unite and offer an opportunity for accessible mental health services. The inclusion of creative expression frequently has a calming impact on participants while simultaneously building skills, regulating emotions, promoting a sense of empowerment, and building community (Shukla et al., 2022). *Art at The Center* film will reflect attendees' experiences. The telling of Portlanders' stories of struggle and support has the potential to create a deeper sense of connection for those witnessing the video. The stigma regarding mental health struggles may be reduced and awareness enhanced regarding low barrier options to receive help.

### **III. Outcomes & Evaluations**

The long-term success of this project is dependent on meeting the needs of participants while expanding awareness of art therapy and the Open Studio group access to the broader public. It will provide the benchmark for services offered in coming years. We anticipate that *Art at The Center* will reduce barriers and enhance awareness and access to affordable mental health. It is worth noting that in order to participate in the video, written informed consent must be obtained and, at any point during the project, a participant may opt out of the project.

#### **A. Measurable Project Outcomes**

The primary intended outcomes of this project are

1. a completed *Art at The Center* video
2. 20 % increase in the number of art therapy Open Studio group participants from year one (2023-2024) to year two (2024-2025)
3. increased awareness of mental health needs by Open Studio participants

These outcomes will demonstrate how this project Improves Service Delivery by reducing barriers and enhancing awareness and access to affordable mental health services. It will also provide a

foundation of understanding regarding community members' needs thereby promoting engagement of Open Studio group participants and CCC art therapy clients.

## **B. Evaluation Plan**

Open Studio participants will be asked to answer a few brief demographic questions, one being how they learned about the Art Therapy Open Studios. Qualitative and quantitative data related to the impact of the Open Studio groups on their connection to wellness and community will be gathered. The data collected from the surveys and the video interviews will provide a window of understanding into participants' mental health needs and the impact of the services being offered. Evaluation activities are noted below in relation to MHCRC's Public Benefit Areas *Improving Service Delivery by reducing barriers and enhancing awareness and access to affordable mental health services*:

1. Implementation of 3 community art therapy open studios at Art at The Community Counseling Center: October 5, 2023
2. Completion of *Art at The Center* film
3. Evaluating first time Attendees: how they learned about Open Studios 2023/2024 school year (pre-film) and in 2024/2025 (post film access)
4. Tracking Attendance at the 3 weekly community art therapy open studios through 2023/2024 school year; compare the numbers between virtual vs two in-person studios and again in 2024/2025 to compare post film access
5. Track dates and times of the film being broadcast on MetroEast Community Media TV channels then compare to overall attendance tracking
6. Evaluating all Video Participants: reason for attending and continued attendance at Open Studios 2023/2024 school year (pre-film) and 2024/2025 (post film access).

#### IV. Project Timeline and Key Milestones

**October 1, 2023- September 30, 2025 (2-year grant)**

<b>Y1: Oct. 2023-Sept. 2024</b>	<b>Y2: Oct. 2024-Sept. 2025</b>
<p><b>Grant Start Date: October 1, 2023</b>  <b>October 2023-April 2024</b>            -Evaluations: develop and implement            -Community Open Studios begin 10/5            -Production, filming and footage compiled  <b>June 1, 2024</b>            -*All raw footage collected  <b>July-September 2024</b>            -Post-production            -Review evaluations            -*Video completed            -*Submit to MetroEast Community Media</p>	<p><b>October 2024-April 2025</b>            -Year 2 Community Open Studios, 10/3            -Evaluations: implement  <b>May-June 2025</b>            -Evaluations: collected and compiled            -*Analyze and summarize pre/post video airing  <b>Grant End Date: June 30, 2025</b>  <b>September 1, 2025:</b> Submit final grant report</p>

\*grant milestone

#### V. References

- Manfield, L., (2022, October 8). *Rise of violent crime in Portland outpaced county in 2021*. Willamette Week. <https://www.wweek.com/news/courts/2022/10/08/rise-of-violent-crime-in-portland-outpaced-country-in-2021/>
- Multnomah County (2023, May 10). *News release: Chronic homelessness number falls across tri-county region in 2023 point in time count*. <https://www.multco.us/multnomah-county/news/news-release-chronic-homelessness-number-falls-across-tri-county-region-2023>
- Office of Disease Prevention and Health Promotion (2023). *Healthy people 2030. Building healthy futures for all*. US Department of Health and Human Services. <https://health.gov/healthypeople>
- Reinert, M, Fritze, D. & Nguyen, T. (October 2022). *The state of mental health in America 2023*. Mental Health America, Alexandria VA. <https://mhanational.org/sites/default/files/2023-State-of-Mental-Health-in-America-Report.pdf>
- Shukla, A., Choudhari, S.G., Gaidhane, A.M., and Quazi, Z. (2022). *Role of art therapy in the promotion of mental health: A critical review*. Cereus Publishing Beyond Open Access. <https://www.cureus.com/articles/108749-role-of-art-therapy-in-the-promotion-of-mental-health-a-critical-review#!/>

**Lewis & Clark College  
Graduate School of Education and Counseling  
Art Therapy Department**

***Art at the Center Proposed Budget  
August 2023***

The detailed proposed budget is attached. We request a total of \$35,849 in MHCRC funds and will commit \$35,849 in matching funds; it is Lewis & Clark's standard practice to report 1:1 required match only. As shown on the attached, MHCRC funds will be used to purchase necessary supplies and equipment, and the maximum 10% indirect cost recovery. Lewis & Clark will provide matching funds in the form of dedicated time by project personnel, including both faculty members and a hired graduate assistant, and by the allocation of lease expenses applicable to the proposed project. Thank you for your consideration.

	Year 1 (10/1/23-9/30/24)		Year 2 (10/1/24-9/30/25)		TOTAL		Total Project Cost	Description/notes
	MHCRC	LC Match	MHCRC	LC Match	MHCRC	LC Match		
<b>Personnel</b>								
<i>Salaries &amp; Wages</i>								
Art Therapy Faculty Members	\$ -	\$ 4,722	\$ -	\$ 4,863	\$ -	\$ 9,585	\$ 9,585	Two faculty members, each will spend 3% of their time in Years 1 and 2 implementing this project. Amount based on each individual's Institutional Base Salary (IBS) with estimated annual 3% increase.
Graduate Assistants	\$ -	\$ 2,400	\$ -	\$ 2,472	\$ -	\$ 4,872	\$ 4,872	One GA at 150 hours/year total (est 5 hours/week x 30 weeks), \$16/hour Year 1 plus 3% annual increase
Total Salaries & Wages	\$ -	\$ 7,122	\$ -	\$ 7,335	\$ -	\$ 14,457	\$ 14,457	
<i>Fringe Benefits/Payroll Taxes</i>								
Art Therapy Faculty Members	\$ -	\$ 1,464	\$ -	\$ 1,508	\$ -	\$ 2,971	\$ 2,971	estimate 31% benefits/PR taxes
Graduate Assistants	\$ -	\$ 192	\$ -	\$ 198	\$ -	\$ 390	\$ 390	estimate 8% benefits/PR taxes
Total Fringe Benefits/PR Taxes	\$ -	\$ 1,656	\$ -	\$ 1,705	\$ -	\$ 3,361	\$ 3,361	
<b>Total Personnel</b>	<b>\$ -</b>	<b>\$ 8,778</b>	<b>\$ -</b>	<b>\$ 9,040</b>	<b>\$ -</b>	<b>\$ 17,818</b>	<b>\$ 17,818</b>	<b>Total compensation and benefits</b>
<b>Education/Training</b>								
Item					\$ -	\$ -	\$ -	
<b>Total Education/Training</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>None requested</b>
<b>Travel</b>								
Item					\$ -	\$ -	\$ -	
<b>Total Travel</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>None requested</b>
<b>Contractual</b>								
Item					\$ -	\$ -	\$ -	
<b>Total Contractual</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>None requested</b>
<b>Equipment</b>								
ProAim Atlas V2 Production Mobile Cart	\$ 2,420	\$ -	\$ -	\$ -	\$ 2,420	\$ -	\$ 2,420	
Five iPad Pros	\$ 5,000	\$ -	\$ -	\$ -	\$ 5,000	\$ -	\$ 5,000	DaVinci Resolve free on device; \$1000 each
One Max Studio (no software)	\$ 2,700	\$ -	\$ -	\$ -	\$ 2,700	\$ -	\$ 2,700	
Two monitors	\$ 1,200	\$ -	\$ -	\$ -	\$ 1,200	\$ -	\$ 1,200	
Adobe Premier Pro Software	\$ 1,500	\$ -	\$ -	\$ -	\$ 1,500	\$ -	\$ 1,500	Six licenses at \$250 each
Canon XF605 4K UHD 10-bit professional camcorders	\$ 9,400	\$ -	\$ -	\$ -	\$ 9,400	\$ -	\$ 9,400	Two at \$4700 each
Canon 90D DSLR Digital Camera Kits	\$ 2,780	\$ -	\$ -	\$ -	\$ 2,780	\$ -	\$ 2,780	Two at \$1390 each
Logitech Brio 4K Webcams	\$ 260	\$ -	\$ -	\$ -	\$ 260	\$ -	\$ 260	Two at \$130 each
SanDisk Memory cards (256K each)	\$ 400	\$ -	\$ -	\$ -	\$ 400	\$ -	\$ 400	Ten at \$40 each
Tripods	\$ 180	\$ -	\$ -	\$ -	\$ 180	\$ -	\$ 180	Two at \$90
Phone stand bundle	\$ 30	\$ -	\$ -	\$ -	\$ 30	\$ -	\$ 30	
Audio Mics Shure SM7B	\$ 1,600	\$ -	\$ -	\$ -	\$ 1,600	\$ -	\$ 1,600	Four at \$400 each
Boom Mics Rode video mic pro	\$ 500	\$ -	\$ -	\$ -	\$ 500	\$ -	\$ 500	Two at \$250 each
Wireless Lavalier (Lavalier) mics	\$ 250	\$ -	\$ -	\$ -	\$ 250	\$ -	\$ 250	Five at \$50 each
IFB earpiece	\$ 320	\$ -	\$ -	\$ -	\$ 320	\$ -	\$ 320	Four at \$80 each
PreSonus FaderPort 8	\$ 500	\$ -	\$ -	\$ -	\$ 500	\$ -	\$ 500	one, audio mixing
PreSonus Studio One DAW	\$ 400	\$ -	\$ -	\$ -	\$ 400	\$ -	\$ 400	
USB cables	\$ 270	\$ -	\$ -	\$ -	\$ 270	\$ -	\$ 270	three at \$30; one Thunderbolt Audioquest Carbon 2.5 Ft (\$180)
USB Port	\$ 200	\$ -	\$ -	\$ -	\$ 200	\$ -	\$ 200	
Table Boom Stands Ultimate Support MC0125	\$ 600	\$ -	\$ -	\$ -	\$ 600	\$ -	\$ 600	Two at \$300 each
Standing mic stands Tama Ironworks Studio MS756RELBK Telescope Mic	\$ 300	\$ -	\$ -	\$ -	\$ 300	\$ -	\$ 300	Two at \$150 each
Mic cables: Mogami	\$ 480	\$ -	\$ -	\$ -	\$ 480	\$ -	\$ 480	Eight at \$60 each
Green Screen Chroma Key Tension Stand	\$ 350	\$ -	\$ -	\$ -	\$ 350	\$ -	\$ 350	
Photo Background Support System HYK-INC 8.5x10 ft	\$ 80	\$ -	\$ -	\$ -	\$ 80	\$ -	\$ 80	
Key light: GVM TGB LED 800D studio video lights	\$ 700	\$ -	\$ -	\$ -	\$ 700	\$ -	\$ 700	Two at \$350 each
Mountdog Lighting Kit for Backlight	\$ 170	\$ -	\$ -	\$ -	\$ 170	\$ -	\$ 170	
<b>Total Equipment</b>	<b>\$ 32,590</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 32,590</b>	<b>\$ -</b>	<b>\$ 32,590</b>	<b>Total equipment</b>
<b>Infrastructure Construction/Facilities Construction</b>								
item					\$ -	\$ -	\$ -	
<b>Total Infrastructure Construction/Facilities Construction</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>None requested</b>
<b>Miscellaneous</b>								
Lease Expense for Space directly apportioned to project	\$ -	\$ 18,031	\$ -	\$ -	\$ -	\$ 18,031	\$ 18,031	Portion of lease expense directly apportioned to project
<b>Total Miscellaneous</b>	<b>\$ -</b>	<b>\$ 18,031</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 18,031</b>	<b>\$ 18,031</b>	<b>Total miscellaneous</b>
<b>Total Direct Costs</b>	<b>\$ 32,590</b>	<b>\$ 26,809</b>	<b>\$ -</b>	<b>\$ 9,040</b>	<b>\$ 32,590</b>	<b>\$ 35,849</b>	<b>\$ 68,439</b>	<b>Total direct project costs</b>
<b>Indirect Costs/Overhead</b>								
10% of project costs allowed.	\$ 3,259	\$ -	\$ -	\$ -	\$ 3,259	\$ -	\$ 3,259	10% of direct project costs requested. Lewis & Clark's federally negotiated indirect cost rate is 38% modified total direct costs (MTDC) for on-campus and 15% of MTDC for off-campus activities.
<b>Total Indirect Costs/Overhead</b>	<b>\$ 3,259</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ 3,259</b>	<b>\$ -</b>	<b>\$ 3,259</b>	
<b>Total Project Costs</b>	<b>\$ 35,849</b>	<b>\$ 26,809</b>	<b>\$ -</b>	<b>\$ 9,040</b>	<b>\$ 35,849</b>	<b>\$ 35,849</b>	<b>\$ 71,698</b>	<b>Lewis &amp; Clark will match MHCRC 1:1</b>